NATIONAL PRODUCTIVITY COUNCIL
(Under DPIIT, Ministry of Commerce & Industry, Govt. of India)

2 Days Integrated Workshop on
"Cyber Security & Women's Safety"

1st & 2nd February, 2020

1. **About NPC**

   National Productivity Council (NPC) is a national level organization promoting productivity culture in India. Established in the year 1958 as a registered society by Government of India, NPC is functioning under Ministry of Commerce & Industry Govt. of India.

2. **Program Background**

   India has the second largest number of internet users in the world after China. With ever increasing number of net users, there has also been marked surge in the cybercrime rate in the country. India's registered cybercrime leapt 350% in 3 years and the legal system is struggling to cope with more and more law-breakers exploiting the anonymity of the

internet. The cybercrimes have assumed serious proportions and have started posing a threat to the society and the national security.

The need of the hour is to educate the masses about the adverse impact of the crime in the Society and the steps to be taken to counter the same unitedly.

From this workshop, National Productivity Council have taken visionary initiative to spread awareness about the notoriously spreading cyber threats from various directions and dimensions to safeguard the Nation from the current threats in the Cyberspace towards National Security.

3. Objectives of the Training:

The objective of this workshop is to teach the principles of cyber security from the perspective of providing security awareness and its best practices for the real world. To learn the latest Internet security techniques, firewalls etc.

Also, this program will also encourage people to adopt safe computing skills and it will promote good security practice. Cybercrimes against women are on the rise and they have been drastically victimized in the cyberspace. Massive awareness needs to be created among women regarding the safe use of Mobile Phones, Computers and the Internet.

4. Broad Outline:

Day 1- **Introduction**

Session 1: CYBER SECURITY AND CYBER CRIME

*What is cyber security?

*What is cybercrime?

*Cyber security and women

*Safety in general and cyber safety

Session 2: CYBER PSYCHOLOGY

*Behaviour online and offline

*Indian scenario of cyber bullying at National cyber psychology

*Psychological implications and intervention in dealing with cyber crime.

*Causes and Effects of social networking

*Invasion and boundaries of privacy

*How rules and regulations are catching up

*Cybercrime and Internet addiction

*Identification and prevention of Insider threat

Session 3: SOCIAL MEDIA REALITY And PSYCHOLOGY, PSYCHOLOGICAL IMPLICATIONS OF SOCIAL MEDIA

*Real life case studies on online harassment of women

*Understanding how the brain works

*Mind and cyber needs

*Online stress

*Fears and anxieties

*Understanding mind and its functions

Session 4: CONSCIOUSNESS

*Levels of consciousness

*Unconscious cyber behaviour

Day 2-

*Gender differences and women safety.

*Review individual case studies.

Session 5: EMOTIONAL INTELLIGENCE

*Emotional Intelligence to deal with self   and others-online and offline

*Understanding emotions components and domains of Emotional intelligence

*Understanding cyber psychology and cyber safety by handling your own emotions.

Session 6: COMMUNICATION

*Communication- patterns, behaviours online/ offline

*Learning to deal and communicate effectively

*Drawing lines for virtual engagements

Session 7: STRESS MANAGEMENT

*Coping up with trolling, identity thefts, frauds, fraping, bullying

*Tools and strategies to deal with online harassment and stress

*Mindfulness stress-based reduction techniques

*Taking and owning up responsibility, building an ecosystem of safe zones and boundaries

*Feedback, review & conclusions

5. Timings:
Registration Time: 9:30 AM
Program Time: 10 AM to 5 PM
Working Lunch: 1:00 PM (40 Minutes)
Tea Break: 11:30 AM and 3:30 PM (15 Minutes Each)

6. Venue: NPC Conference Hall, National Productivity Council, Utpadakta Bhavan, 5-6 Institutional Area, Lodhi Road, New Delhi-110003

7. Participation Fees: Rs. 4000/- plus GST @ 18% per participant. Total Fee: Rs.4720/- per participant for the 2- Day Workshop. Please make payment through NEFT/ RTGS and quote **TRG-CSWS-SP&BD**.

8. The Participants shall be awarded a Certificate of Participation at the end of the successful completion of the 2-Days Workshop.

9. Contact Information:
Program Director: Sh. S.P. Tripathi, Group Head, Strategic Planning and Business Development

Program Coordinator: Ms. Pooja Singh

Email: pooja.singh@npcindia.gov.in, pooja.npc20@gmail.com
Mobile No- 9990699909

10.Payment Details:

Programme fees to be paid by NEFT/RTGS in the name of National Productivity Council

Bank Details: Indian Overseas Bank 70, Golf link branch, New Delhi

SB A/C no – 026501000009207

MICR – 110020007, IFSC No- IOBA0000265

PAN No.- AAATN0402F

GSTIN – 07AAATN0402F1Z8

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